

A program focused on

STRUCTURED SENSORY INTERVENTIONS



Joddie Walker, MSc,
RP, CTRS-Clinical,
CTTS, Certified
Trauma Specialist.

TOPICS

- SITCAP Model
- Sensory Based Interventions
- Resilience
- Trauma Informed Practices



This training is provided
under my certification with
Starr Commonwealth

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Certified Trauma
Specialist.



OUR WORLD HAS CHANGED DRAMATICALLY ...

The experience of trauma is often difficult to communicate through words and is more easily described through sensory-based interventions. Sensory-based interventions are non-language activities like drawing, imagery and other forms of expressive art that help children convey the way they now see themselves, others and the world around them as a result of their trauma experiences. Since traumatic memories are stored through the senses, the use of sensory-based interventions provide children with an opportunity to give their experiences a visual identity. The Structured Sensory Interventions for Traumatized Children, Adolescents and Parents (SITCAP®) intervention process brings a child's memories of the trauma to life in a safe, contained context so they can be regulated, reordered, and reframed in ways that support a resilience response to future stressful, overwhelming, and terrifying experiences. These activities actively involve children in new experiences in order for them to build new connections.

YOUR TRAINER IS:

Joddie Walker

CERTIFIED TRAUMA SPECIALIST

Joddie Walker holds a Masters of Science in Forensic Psychology, CTRS-Clinical and is a Registered Psychotherapist with the College of Registered Psychotherapists of Ontario, and a Certified Trauma Specialist from the National Institute of Trauma and Loss in Children. She holds Diplomate status with the American Academy of Traumatic Stress and is a National (USA) Credentialed Advanced Advocate. Joddie has over 30 years of experience that includes treatment of first responders, children/youth, and civilians who have a diagnosis of post-traumatic stress disorder, anxiety, depression, or other mental health issues. She also responded to the New York City terror attack, 9/11. In addition to Joddie's clinical practice, she has facilitated the development of programs and trainings throughout the USA and Canada on topics such as line of duty death, victimology issues, secondary traumatic stress and how to support the non-offending parent in child abuse investigations. Joddie has conducted interventions for hundreds of Front line workers during the COVID-19 pandemic

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